



śrī hanumān chalisā

ōm - harih: - ōm

tulasī dāsan's  
**śrī hanumān chalisā**  
(40-verse prayer to Lord Hanuman)



**Dedicated with love to**

*The Fragrant Divine Lotus Feet of my beloved SatGuru - Bhagavan Sri Skanda  
&  
All His Beloved Children of Light*

**English meanings by**  
*Sri P.R. Ramachander*

**Tamil unicoding, English Transliteration, Proof-reading, & Preparation by**  
*Sri Skanda's Warrior of Light*



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śrī hanumān chālīsā

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## Guide to pronunciation

- From “Sri Suktam with Samputita Sri Suktam.”  
(Karunamayi, Sri Sri Sri Vijayesari Devi. *Sri Suktam with Samputita Sri Suktam*.  
Bangalore: Sri Matrudevi Viswashanthi Ashram Trust, 2004.)

This guide is based on American pronunciation of words, and is therefore not a perfect representation of Sanskrit sounds.

### Sanskrit Vowels

<b>a</b>	like <b>a</b> in nap
<b>ā</b>	like <b>a</b> in father
<b>ē</b>	like <b>ay</b> in may
<b>i</b>	like <b>i</b> in pin
<b>ī</b>	like <b>ee</b> in sweet
<b>ō</b>	like <b>o</b> in rose
<b>u</b>	like <b>u</b> in put
<b>ū</b>	like <b>oo</b> in food
<b>ha</b>	pronounce as a faint echoing of the previous vowel; e.g. <b>ah:</b> would be pronounced “aha”; <b>ih:</b> would be pronounced “ihi”; <b>uh:</b> would be pronounced “uhu”; etc.
<b>ai</b>	like <b>ai</b> in aisle
<b>au</b>	like <b>ow</b> in cow

### Sanskrit Consonants

<b>b</b>	like <b>b</b> in bird
<b>bh</b>	like <b>b h</b> in job hunt
<b>ch</b>	like pinch
<b>d</b>	like <b>d</b> in dove
<b>dh</b>	like <b>d h</b> in good heart
<b>g</b>	like good
<b>gh</b>	like <b>g h</b> in log hut
<b>h</b>	like <b>h</b> in hot
<b>j</b>	like <b>j</b> in job

<b>jh</b>	like <b>dgeh</b> in hedgehog
<b>jñ</b>	like <b>ng y</b> in sing your
<b>k</b>	like <b>k</b> in kite
<b>kh</b>	like <b>ck h</b> in black hat
<b>l</b>	like <b>l</b> in love
<b>m</b>	like <b>m</b> in mother
<b>ñ</b>	like <b>n</b> in pinch
<b>p</b>	like <b>p</b> in soap
<b>ph</b>	like <b>ph</b> in up hill
<b>r</b>	rolled like a Spanish or Italian “r”
<b>s</b>	like <b>s</b> in sun
<b>ś</b>	sometimes like <b>s</b> in sun, sometimes like “sya” sound
<b>t</b>	like <b>rt</b> in heart
<b>th</b>	like <b>t h</b> in fat hat
<b>v</b>	like <b>v</b> in love, sometimes like <b>w</b> in world
<b>y</b>	like <b>y</b> in yes

\***t, th, d, dh,** and **n** should be pronounced with the tongue placed against the protruding slightly beyond the upper teeth.

**ē** should be extended; e.g. **ē** would be extended in sound and pronounced **ae-ē**





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**tulasī dāsan's**  
**śrī hanumān chalisā**  
**(introduction)**

*(40-verse prayer to Lord Hanuman)*

*By Sri P.R. Ramachander*

Hanuman Chalisa, the boon of Tulsidas to all the Hindus in the world, will find a place in every home where it can act as a panacea for all problems, be they physical, mental or spiritual. It is a prayer addressed to Hanuman, possibly the greatest character of Ramayana, next only to Rama and Sita.

Lord Hanuman was born to Anjana, a monkey. His father is considered to be Lord Shiva and/or Lord Vayu. As a baby, when his mother advised to him to eat any fruit which is purple, he jumped towards the rising Sun God. Indra hit him with his Vajra to save the sun. Hanuman fell down in a coma. Vayu his father took his child away and hid in a cave. Because of this all beings on the Earth, who were depending on Vayu to breathe started dying. All the Gods entreated Lord Vayu, not to be angry and gave Baby Hanuman, several boons. Later in life Hanuman became a friend of Sugreeva, the younger brother of Vali. Vali started tormenting Sugreeva due to some misunderstanding. Because of this Sugreeva was forced to hide in Rishya mooka mountains. Sri Rama and Lakshmana reached this mountain in search of Sita who was stolen by Ravana. Hanuman met them and was instrumental in getting a treaty signed between Sri Rama and Sugreeva. Sri Rama killed Vali and made Sugreeva the king of monkeys. Even at the first meeting Lord Hanuman became charmed by the personality of Sri Rama and became his devotee. As per the treaty, he went in search of Sita, to the south along with a big army of monkeys. He crossed the sea and brought back the news of Sita's well being to Rama. Later before the war, he requested Rama to have a treaty with Vibheeshana, the brother of Ravana. During the war between Rama and Ravana, Hanuman played a very major role. When Indrajit, the son of Ravana, killed Lakshmana, Hanuman brought the Sanjivini Mountain and saved Lakshmana.

Hanuman was considered as a brother by Lord Rama and son by Goddess Sita. It is believed that Hanuman is a Chiranjeevi, and lives with all of us even today. It is also believed that wherever, the story of Ramayana is told, Hanuman would be present in his invisible form to listen to the story.

Sage Valmiki wrote the story of Rama in Sanskrit. Though the story became very popular among scholars, there was a need to write it in the several regional languages. It was written in Hindi by Sage Thulasi Das, instead of adopting a scholar to do the translation. Sage Thulasi Das adopted the very popular colloquial form of Hindi called Vraja Bhasha. Because of this, even the very common man could understand it easily. Among the Hindi knowing Hindus, even today, it is the number one book.

Saint Thulasi Das, who was a great admirer of Hanuman, also wrote these forty verses praising Hanuman and called it "Hanuman Chalisa." This is possibly the most popular Hindu prayer written in Hindi even today. Its extreme simplicity makes it dear to every one's heart.



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துலஸீ தாஸ்

## ஹனுமான சாலீஸா

### || தோஹா ||

ஸ்ரீ குரு சரன ஸரோஜ ரஜ னிஜமனு முகுரு ஸுதாரி  
பரனஊ ரகுபர பிமல ஜஸு ஜோ தாயகு பல சாரி  
புத்திஹீன னனு ஜானிகே ஸுமிரௌ பவன குமார  
பல புத்தி வித்யா தேஹு மோஹி ஹரஹு கலேஸ பிகார்

### || செளபாஈ ||

ஜய ஹனுமான ஜ்ஞான குண ஸாகர  
ஜய கபீஷு திஹு லோக உஜாகர  
ராமதூத அதுலித பலதாமா  
அம்ஜனி புத்ர பவனஸுத னாமா  
மஹாவீர விக்ரம பஜரங்கீ  
குமதி னிவார ஸுமதி கே ஸங்கீ  
கம்சன வரண விராஜ ஸுவேஸா  
கானன கும்டல கும்சித கேஸா

ஹாதவஜ்ர ஒள த்வஜா விராஜை  
காந்தே மும்ஜ ஜனேஊ ஸாஜை  
ஸம்கர ஸுவன கேஸரீ னன்தன  
தேஜ ப்ரதாப மஹாஜக வன்தன  
வித்யாவான குணீ அதி சாதூர  
ராம காஜ கரிவே கோ ஆதூர  
ப்ரபு சரித்ர ஸுனிவே கோ ரஸியா  
ராமலகன ஸீதா மன பஸியா  
ஸூக்ஷ்ம ரூபதரி ஸியஹிம் திகாவா  
விகட ரூபதரி லம்க ஜராவா  
பீம ரூபதரி அஸுர ஸம்ஹாரே  
ராமசம்த்ர கே காஜ ஸம்வாரே  
லாய ஸம்ஜீவன லகன ஜியாயே  
ஸ்ரீ ரகுவீர ஹரஷி உர லாயே



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ரகுபதி கீன்ஹீ பஹுத படாஈ  
 தும மம ப்ரிய பரதஹி ஸம பாஈ  
 ஸஹஸ வதன தும்ஹரோ ஜாஸ காவை  
 அஸ கஹி ஸ்ரீபதி கண்ட லகாவை  
 ஸனகாதிக ப்ரஹ்மாதி முனீஸா  
 னாரத ஸாரத ஸஹித அஹீஸா  
 ஜம(யம) குபேர திகபால ஜஹாம் தே  
 கவி கோவித கஹி ஸகே கஹாம் தே  
 தும உபகார ஸுகீர்வஹி கீன்ஹா  
 ராம மிலாய ராஜபத தீன்ஹா  
 தும்ஹரோ மன்த்ர விபீஷண மானா  
 லம்கேஸவர பஏ ஸப ஜக ஜானா  
 யுக ஸஹஸ்ர யோஜன பர பானா  
 லீல்யோ தாஹி மதுர பல ஜானா  
 ப்ரபு முத்ரிகா மேலி முக மாஹீ  
 ஜலதி லாங்கி கயே அசரஜ னாஹீ  
 துர்கம காஜ ஜகத கே ஜேதே  
 ஸுகம அனுக்ரஹ தும்ஹரே தேதே

ராம துஆரே தும ரகவாரே  
 ஹோத ன ஆஜ்ஞா பினு பைஸாரே  
 ஸப ஸுக லஹை தும்ஹாரீ ஸரணா  
 தும ரக்ஷக காஹூி கோ டர னா  
 ஆபன தேஜ தும்ஹாரோ ஆபை  
 தீனோம் லோக ஹாம்க தே காம்பை  
 பூத பிஸாச னிகட னஹி ஆவை  
 மஹவீர ஜப னாம ஸுனாவை  
 னாஸை ரோக ஹரை ஸப பீரா  
 ஜபத னிரம்தர ஹனுமத வீரா  
 ஸம்கட தேம்(ஸேம்) ஹனுமான சுடாவை  
 மன க்ரம வசன த்யான ஜோ லாவை  
 ஸப பர ராம தபஸ்வீ ராஜா  
 தினகே காஜ ஸகல தும ஸாஜா  
 ஒளர மனோரத ஜோ கோஇ லாவை  
 ஸோஈ அமித ஜீவன பல பாவை  
 சாரோ யுக பரிதாப தும்ஹாரா  
 ஹை பரஸித்த ஜகத உஜியாரா





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ஸாது ஸந்த கே தும ரகவாரே  
அஸுர னிகந்தன ராம துலாரே  
அஷ்டஸித்தி னௌ(னவ) னிதி கே தாதா  
அஸ வர தீன்ஹ ஜானகீ மாதா  
ராம ரஸாயன தும்ஹாரே பாஸா  
ஸாத ரஹோ ரகுபதி கே தாஸா  
தும்ஹரே பஜன ராமகோ பாவை  
ஜனம ஜனம கே துக பிஸராவை  
அம்த கால ரகுவர புரஜாஈ  
ஜஹாம் ஜன்ம ஹரிபக்த கஹாஈ  
ஒளர தேவதா சித்த ன தரஈ  
ஹனுமத ஸேஇ ஸர்வ ஸுக கரஈ  
ஸம்கட கடை மிடை ஸப பீரா  
ஜோ ஸுமிரை ஹனுமத பல வீரா  
ஐஐ ஐஐ ஐஐ ஹனுமான கோஸாஈ  
க்ருபா கரோ குருதேவ கீ னாஈ  
ஜோ ஸத வார பாட கர கோஈ  
சூடஹி பந்தி மஹா ஸுக ஹோஈ

ஜோ யஹ படை ஹனுமான சாலீஸா  
ஹோய ஸித்தி ஸாகீ கௌரீஸா  
துலஸீதாஸ ஸதா ஹரி சேரா  
கீஐ னாத ஹ்ருதய மஹ டேரா

|| தோஹா ||

பவன தனய ஸங்கட ஹரண – மங்கள மூரதி ரூப்  
ராம லகன ஸீதா ஸஹித – ஹ்ருதய பஸஹு ஸுரபூப்  
ஸியாவர ராமசந்த்ரகீ ஜய – பவனஸுத ஹனுமானகீ ஜய  
போலோ பாஈ ஸப ஸந்தனகீ ஜய



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**tulasī dāsan's**  
**śrī hanumān chalisā**  
(40-verse prayer to Lord Hanuman)

- English meaning courtesy of Sri P.R. Ramachander  
<http://stotraratna.sathyasaibababrotherhood.org/h7.htm>

śrī gurubhyo namah(a) – harih(i) ōm

**|| dohā ||**

**śrī-guru-charana – sarōja-raja**  
**nija-mana – mukuru – sudhāri,**  
**baranaū-raghu-bara – bimala-jasu,**  
**jō-dāyaku – phala – chāri**

*Having cleaned the mirror of my mind,  
With the lotus like feet of my teacher,  
I describe the unsullied fame of Lord Rama,  
Which would give me the four fold wealth.*

**buddhi-hīna – tanu-jānikē,**  
**sumiraū – pavana-kumār(a),**  
**bala-buddhi-vidyā – dēhu-mohī,**  
**harahu – kalēsh(a) – bikār**

*Though I am one without any brain,  
I place in my mind, the son of wind,  
And pray to him earnestly to give me,  
Wisdom, knowledge and strength,  
And steal away from me all my miseries.*

**|| chaupāī ||**

**jaya-hanumāna – nyāna – guna-sāgara,**  
**jaya-kapīsha – tihū-lōka – ujā-gara,**

*Victory to Hanuman, the sea of wisdom and character,  
Victory to the lord of Monkeys,  
Whose fame echoes in all the three worlds.*

**rāma-dūta-atu-lita – bala – dhāmā,**  
**anjani-putra – pavana-suta – nāmā**

*You are the emissary of lord Rama,  
You are the storehouse of incomparable strength,  
You are the son of monkey called Anjani,  
And you are also the son of God of wind.*

**mahāvīra – vikrama-baja – rangī,**  
**kumati-nivāra – sumati-kē – sangī,**

*You are the a great valorous hero who worships Rama,  
You cure bad characters and is the friend of those who do good,*





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**kanchana-varana – virāja-suvēshā,  
kānana–kundala – kunchita – kēshā**

*You are the of golden colour and dress yourself well,  
You wear golden ear rings and have curly hair.*

**hātha – vajra-au – dhvajā–virājai,  
kānthē–mūnja–janēū – sājai,**

*You have a flag and thunderbolt in your hands,  
You wear sacred thread made of Munja grass,*

**sankara-suvana – kēsarī – nandana,  
tēja-pratāpa-mahā – jaga – vandana**

*You are the son of Lord Shiva as well as Kesari,  
You with your glowing self are saluted by the entire world.*

**vidyā–vānu–gunī – ati–chātura,  
rāma–kāja – karivē–kō – ātura,**

*You are the wise , good and very sharp witted,  
You are the anxious to do the work of Rama.*

**prabhu-charitra – sunivē–kō – rasiyā,  
rāma-lakhana – sītā-mana – basiyā**

*You are ecstatic to hear the history of Rama,  
In your mind resides Rama, Lakshmana and Sita.*

**sūkshma-rūpa-dhari – siyahīm-dikhāvā,  
vikata-rūpa-dhari – lanka-jarāvā,**

*You took a micro form and saved Sita,  
You took a fearful form and burnt Lanka.*

**bhīma-rūpa-dhari – asura-sambhārē,  
rāma-chandra-kē – kāja-samvārē**

*You took a big macro form for killing asuras,  
And completed the task of Ramachandra,*

**lāya-sanjivana – lakhana-jīyāyē,  
śrī-raghuvīra – harashi-ura-lāyē,**

*You saved Lakshmana's life by Bringing Sanjeevini,  
And brought happiness to the hero of Raghu clan,*

**raghupati–kīnhī – bahuta–badāī,  
tuma-mama–priya – baratahī–sama–bhāī**

*You were greatly praised by Lord Rama,  
And were told, “you too are my brother like Bharatha.”*

**sahasa-vadana-tumharō – jasa-gāvē,  
asa-kahi–śrīpati – kantha-lagāvē,**

*Embracing you, said Rama, the consort of Sita  
“Even The thousand headed snake sang your praise.”*



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**sanakā-dika – brahmādi–munísā,  
nārada-sārada – sahita-ahísā  
yama-kubēra – digapāla–jahām-tē,  
kabi-kōvida-kahi – sakē-kahām-tē,**

*The sanaka sages, the Lord Brahma,  
Sage Narada, Goddess Saraswathi, the Lord Shiva,  
The god of death, god of wealth, the guardians of directions,  
And great poets tried to explain your glory adequately but failed.*

**tuma-upakāra – sugrī-vahí-kínhā,  
rāma-milāya – rāja-pada-dínhā**

*By making him meet Rama ,  
And getting him again the kingship,  
You provided inestimable help to Sugreeva.*

**tumharō-mantra – vibhíshana–mānā,  
lankēsvara-bhaí – saba-jaga-jānā,**

*All the world knows ,  
That Vibheeshana became king of Lanka,  
Because he obeyed your holy words.*

**yuga-sahasra-yo – jana-para-bhānū,  
lílyo-tāhí-madhura – phala-jānū**

*Thinking that he is but a sweet fruit,  
You swallowed Lord sun,  
Who is thousands of miles away.*

**prabhu-mudrikā – mēlí-mukha-māhí,  
jaladhi-lāngghi-gayē – acha-raja-nāhí,**

*You crossed the ocean, holding the Lord's ring,  
In your mouth, and this is nothing surprising for you,*

**durgama-kāja – jagata-kē-jētē,  
sugama-anūgraha – tumharē-tētē**

*You provide victory in difficult times  
To the people of the world and give your blessings*

**rāma-duārē – tuma-rakha-vārē,  
hōta-na-āgya – binu-pēsarē,**

*You are the guard to the door to the mind of Rama,  
And without your permission, none can enter there.*

**saba-sukha-lahai – tumhārí-saranā,  
tuma-rach-chaka-kāhū-kō – dara-nā**

*All pleasures start from you,  
And when you give protection,  
Why is there a need to fear any one,*

**āpana-tēja-samhāro – āpē,  
tíno-lōka – hānka-tē-kāpē,**

*You alone can control the burst of your energy,  
Seeing which all the three worlds shiver,*



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**bhuta-pisācha – nikatu-nahī-āvē,  
mahāvīra-japa – nāma-sunāvē**

*Evil spirits and ghosts do not come near,  
When they hear the name of the great hero, Hanuman.*

**nāshai-rōga-hare – saba-pīrā,  
japata-niran-tara – hanumata-vīrā,**

*Diseases and sufferings are destroyed,  
When the Name of Hanuman is repeated always.*

**sankata-sēm – hanumāna-chudāvē,  
mana-krama-vachana – dhyāna-jō-lāvē**

*Hanuman will save you from sorrow,  
Who meditates on him with mind, action and words.*

**saba-para-rāma-tapasvī – rājā,  
tina-kē-kāja-sakala-tuma – sājā,**

*You fulfilled all jobs of Rama,  
Who fulfilled desires of all his devotees.*

**aura-manōratha – jō-kōī lāvē,  
sōyī-amita – jīvana-phala-pāvē**

*And any of those who bring their desires to you  
Would get them fulfilled and get a better life.*

**chārō-yuga-pari – tāpa-tumhārā,  
hē-parasiddhi – jagata-ujī-yārā,**

*In the four eons your name is famous,  
And is famous all over the three worlds.*

**sādhu-santa-kē – tuma-rakha-vārē,  
asura-nikan-dana – rāma-dulārē**

*You protect the sages and devout,  
You kill asuras as per wish of great Rama.*

**ashta-siddhi-nau – nidhi-kē-dātā,  
asavara-dīna – jānaki-mātā,**

*You were granted eight occult powers,  
And nine types of wealth,  
By the boon of mother Sita,*

**rāma-rasāyana – tumharē-pāsā,  
sadā-rahō – raghupati-kē-dāsā**

*You have with you the essence of Rama,  
And would always remain his slave,*



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**tumharë-bhajana – rāma-kō-pāvë,  
janama-janama-kë – dukha-bisarāvë,  
amta-kāla-raghu-vara-pura-jāyí,  
jahā-janma-hari – bhakta-kahāyí**

*By devotion to you, one gets Rama,  
And get removed sorrows of several births,  
And at death he goes to the place of Rama,  
And all his life would be pointed to as devotee of Vishnu.*

**aura-dēvatā – chit-tana-dharayí,  
hanumata-sēyi – sarva-sukha-karayí,**

*He who does not think about gods other than him,  
Would get all pleasures from Hanuman himself.*

**sankata-katë – mitë-saba-pírā,  
jō-sumirë – hanumata-bala-víra**

*All sorrows vanish and all obstacles are finished,  
For him who always remembers the very strong Hanuman.*

**jai-jai-jai – hanumāna-gōsāí,  
kr(u)pā-karahu-guru – dēva-ki-nāí,**

*Victory, victory, victory to the saint Hanuman,  
Oh great teacher please show mercy on us.*

**jō-sata-vāra – pātha-kara-kōí,  
chūta-hi-bandi – mahā-sukha-hōí**

*He who reads this one hundred times,  
Would be freed from shackles and get great pleasure.*

**jō-yaha-padai – hanumāna-chalisā,  
hōya-siddhi-sākhí – gauríshā,**

*Whoever reads this “Hanuman forty”,  
Would get powers with Lord Shiva as witness.*

**tulasí-dāsa-sadā – hari-cherā,  
kíjē-nātha – hr(u)dava – maha-dērā**

*Thulasi dasan who is always a devotee of Hari,  
Requests Hari to reside in his mind always.*



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**|| dohā ||**

**pavana-tanaya – sankata–harana,  
mangala–mūrati–rup(a),**

*"O Son of the Wind, Remover of crises;  
Embodiment of all blessings and auspiciousness."*

**rāma-lakhana – sītā–sahita,  
hr(u)daya-basahu-sura-bhūp(a)**

*"May you always reside in my heart together  
with Rama, Laksmana and Sita."*

**siya-vara-rāmachandra ki jai,**

*"Glories to Sita Rama."*

**pavana-suta hanumāna ki jai,**

*"Glories to Lord Hanuman, son of the wind."*

**umāpati mahādeva ki jai**

*"Glory to Mahadeva (Siva), consort of Uma!"*

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